

Reading List for Equine Assisted Therapy

Dunning, A. (2017) *The Horse Leads the Way: Honoring the True Role of the Horse in Equine Facilitated Practice*. UK: YouCaxton Publications.

Green, H., and Simpson, J. (2013). *For the Love of Horses: An Animal Communicator's Guide to Helping Our Horses and Healing Our Lives*. Kindle Edition.

Hallberg, L (2017) *The Clinical Practice of Equine-Assisted Therapy: Including Horses in Human Healthcare*. NY: Routledge.

Irwin, C. (2005) *Dancing with Your Dark Horse: How Horse Sense Helps Us Find Balance, Strength and Wisdom*. Cambridge: Da Capo Press Inc.

Irwin, C. (2001). *Horses Don't Lie: What Horses Teach Us About Our Natural Capacity for Awareness, Confidence, Courage, and Trust*. Cambridge: Da Capo Press Inc.

Isaacson, R. (2014) *The Long Ride Home. The Extraordinary Journey of Healing that changed a Child's Life*. Penguin.

Kohanov, L. (2013) *The Power of the Herd: A Nonpredatory Approach to Social Intelligence, Leadership, and Innovation*. California: New World Library.

Kohanov, L. (2001) *The Tao of Equus*. California: New World Library

Kohanov, L. (2003) *Riding Between the Worlds*. California: New World Library

Kohanov, L. (2007) *The Way of the Horse: Equine Archetypes for Self-discovery - A Book of Exploration*. Har/Crds edition. New World Library.

Mandrell, P. (2014) *Introduction to Equine-Assisted Psychotherapy: A comprehensive overview*. 2nd ed. USA: Mandrell.

McCormick, A.V.R., and McCormick, M.D. (1997) *Horse Sense and the Human Heart. What Horses Can Teach Us About Trust, Bonding, Creativity and Spirituality*. Florida: Health Communications Inc.

Nussen, J. (2012) *Soul Recovery UPDATED: equine assisted activities for healing from abuse by others, loss of others & loss of self*. CreateSpace Independent Publishing.

Shambo, L. (2013) *The Listening Heart: The Limbic Path Beyond Office Therapy*. USA: Human-Equine Alliances for Learning Heal.

Sudekum Trotter, K. (2012). *Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice*. USA: Routledge.